



First Generation Initiative

News, Events & Updates

Hey Slugs! Welcome to Spring Quarter. We hope you're off to a good start. Check out our events section to find student-based events coming up this week, and be sure to register for our UC First-Gen Systemwide Conference! As always, we invite you to visit our social media sites in the LinkTree below. We are excited for a great spring!

[Linktree](#)

Alumni Spotlight

ACE LEHNER



Ace Lehner is an interdisciplinary scholar and artist specializing in critical engagement with identity and representation; history, theory, and criticism of contemporary art; visual studies; photography theory, queer and trans theory and issues of representation. Lehner's artistic practice often embraces collaboration and primarily utilizes photography and video to mine the complex relation between representations and the constitution of identities. Lehner was a 2019-20 Presidents' Dissertation Year Fellow at UCSC and is the 2020 recipient of the College Art Association Professional Development Fellowship.

Student News Spotlight

To keep a sharp mind, start thinking of

heart health in your 20s

As mounting evidence points to the link between cardiovascular disease and dementia, a new study led by UC San Francisco finds that young adulthood may be the most critical period to practice the healthy lifestyle habits that may protect the brain from cognitive decline decades later...Read More Below!



[Continue Reading](#)

Upcoming FGI Events!

Register Now for the UC First-Gen Systemwide Conference!

The UC First-Gen Systemwide Conference will be held on Saturday, April 17th at 11 am. The conference will feature UC First-Gen alumni panelists that specialize in the First-Gen student experience, mental health and battling imposter syndrome, how to get jobs in your career field, and financial literacy. There will also be an interactive Q&A session with the each of the panelists. We are excited to invite you to this event! Students from all UC Campuses are invited to attend this free virtual conference.



UC FIRST-GEN CONFERENCE

JOIN US on April 17th from 12:00 pm to 3:00 pm!

With First-Gen Alumni Panelists:

Ace Lehner: *Queer Contemporary Art and Visual Culture*
Ernest Lopez: *Student Success Coordinator for College of the Sequoias, and More...*

Featuring an Interactive Q&A Session with all speakers

....And Workshops! *Focused on cultivating conversations around The First-Gen Experience, Personal Finance for Undergrads with Patricia Kelly, Battling Imposter Syndrome, and more!*

REGISTER NOW!
<https://ucsc.zoom.us/join/register/tj0lcuqrrj1qGNQU9xND-iBfM2Qcwjn4Cz>
For accommodations, please email fristgen@ucsc.edu



[Register Here!](#)

Attend the Career

Career Advice Panel by First-Gen Alumni

Saturday, April 24th from 11 am to 1 pm!

Featuring recent Graduate Joseline Arreaga, NASA researcher Tom Greene, and more!

Hear from UCSC Alumni as they offer advice and experiences in entering the work force, tools for career development, and post-grad financing from the First-Gen perspective.

With a Live Q&A Session!



REGISTER HERE!



<https://ucsc.zoom.us/j/9123456789>

[Register Here](#)

Advice Panel by First-Gen Alumni!

The Career Advice Panel will feature a lineup of UCSC First-Generation alumni from different career fields offering advice and experiences in entering the workforce, career development, and post-grad financing from the First-Gen perspective. This event will include conversations with Jocelyn Arreaga, a recent UCSC Graduate, along with Tom Greene of the NASA Ames Research Center, along with other UCSC First-Gen Alumni. There will be a live Q&A session with all panelists!

This event will be held on Saturday, April 24th, from 11 am to 1 pm. Register Now!

If you need accommodations to attend this event, please contact firstgen@ucsc.edu

Other Opportunities!



[Register Here!](#)

Attend the conversation with Terri McCullough, chief of staff to Nancy Pelosi, in memory of Gabe Zimmerman

Gabe Zimmerman (Stevenson '02, sociology) was U.S. Congresswoman Gabby Giffords's community outreach director. He organized the "Congress on Your Corner" event on January 8, 2011, in Tucson, Ariz., where he was among six people killed in a shooting that also severely wounded Giffords and 13 others. To mark 10 years since Gabe's tragic death, we are honoring his legacy with a conversation that celebrates the transformative power of honest and conciliatory public service.

This Event will be held on April 24th at 5:30 pm

Attend the Radical

Feeling Stressed?

Be in community to promote mental health and wellbeing, resilience. Practice self-care, connection, and empathy for others.

Sponsored by the Radical Resilience Initiative



Workshop Facilitator: Nikita Gupta, MPH specializes in designing and implementing Trauma Healing and Resiliency programs and initiatives in educational as well as public and private settings.

[Learn More Here](#)

Resilience Training Workshop!

Join Workshop Facilitator *Nikita Gupta*, M.P.H., who specializes in designing and implementing Trauma Healing and Resiliency programs and initiatives. Gupta will lead three workshops and researched and designed a new online self-paced Canvas course promoting *self-care, connection, mental health, and wellbeing for our campus community*.

This Program includes Three, 90-minute facilitated workshops with Nikita:

Self-Care: Tuesday, May 4 (5:00 PM to 6:30 PM)

Supporting Others: Thursday, May 13 (12:00 PM to 1:30 PM)

Community Care: Saturday, May 22 (10:00 AM to 11:30 AM)

You must register to participate in this workshop series. Click each link to register.

JOIN US!

- We are looking for people who are passionate and motivated on environmental and sustainability issues to join and help us with our initiatives.

How would volunteering or interning with us look like?

- Attend Steering and 1 to 2 Sphere meetings a week
- Engage in weekly discussions
- Help take on a range of tasks like creating flyers, gaining budget and professional development literacy

For questions of more information check out our platforms. If you are interested email us!

enviroslug-sec.org sec-group@ucsc.edu [@Enviroslug](https://www.instagram.com/Enviroslug)

[Email SEC Today](#)

APPLY To Be A SEC Volunteer Intern

The Student Environmental Center (SEC) is a student-run, student-lead activist organization on campus dedicated to institutionalizing sustainability and environmental justice here at UCSC through projects and events that educate and empower students.

We are seeking volunteers and 2 or 5 unit interns for the Spring quarter and beyond! Interning and working with the SEC will be remote and an excellent opportunity to gain hands-on skills like leadership, facilitation, project planning, critical thinking, etc., which employers will be looking for after graduation. Interns will also be able to create meaningful and lasting change on campus all while learning outside of the lecture hall and earning college credits!

Reach out to SEC for questions, inquiries, and ways to get involved.

First Generation Initiative

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Join our initiative: <https://tinyurl.com/y5aj7jsp>

